

ST. THOMAS' AWARD WINNING NEIGHBOURHOOD BAR & GRILL



The logo for Upper Deck Sports Bar & Grill is a stylized, shield-shaped emblem. It features a dark blue background with a white border. The words "Upper Deck" are written in a large, white, cursive font with a red outline. Below this, "SPORTS BAR & GRILL" is written in a bold, white, sans-serif font. The top of the shield contains the phrase "EAT • DRINK • WATCH THE GAME" in white, and the bottom contains "ESTABLISHED 1990" in white.

WWW.UPPERDECKBARANDGRILL.CA

ORIGINAL BREAKFAST

Served with Home Fries, Hash Brown Patties or Shredded Potatoes & Coffee*.

CLASSIC * 13.99

2 Eggs, 3 Bacon, Sausage, or Ham & Toast.

HALF CLASSIC * 11.49

1 Egg, 2 Bacon, Sausage, or Ham & Toast.

UPPER DECK * 18.99

3 Eggs, 2 Bacon, 2 Sausage, 2 Ham & Toast.

CORNED BEEF HASH 21.99

2 Eggs, Corned Beef, Onions, House Blend Cheese & Toast.

THE HOME-RUN 19.99

2 Eggs, 2 Bacon, 2 Sausage, 1 Pancake & 2 Cinnamon French Toast.

EGGS BENNY 17.99

2 Eggs Poached, Hollandaise Sauce, Ham on English Muffins.

Substitute Bacon – No Charge.

+ **Peameal Bacon 1.99**

MUSHROOM BENNY 18.99

2 Eggs Poached, Hollandaise Sauce, Mushrooms, Swiss Cheese on English Muffins.

BREAKFAST POUTINE 14.99

Home Fries, Ham, Cheese Curds, Hollandaise & 1 Egg Any Style.

Substitute Bacon or Sausage – No Charge.

+ **Protein 2.99**

+ **Egg 2.49**

+ **Veg 1.49**

U.D. POUTINE 16.99

Home Fries, Cheese Curds, Bacon, Ham, Sausage, Hollandaise & 1 Egg Any Style.

*** ALL DAY BREAKFAST INCLUDES
TOAST & HOME FRIES**

** 1 free coffee included, unlimited refills for \$1.99.*

OMELETTES

Served with Home Fries, Hash Brown Patties or Shredded Potatoes & Coffee*.

DENVER OMELETTE 17.99

3 Eggs, Ham, Onions, Peppers, House Blend Cheese & Toast.

GREEK OMELETTE 18.99

3 Eggs, Tomatoes, Onions, Black Olives, Feta Cheese & Toast.

UPPER DECK OMELETTE 18.99

3 Eggs, Bacon, Sausage, Ham, House Blend Cheese & Toast.

VEGGIE OMELETTE 18.99

3 Eggs, Tomatoes, Mushrooms, Onions, Peppers, House Blend Cheese & Toast.

SPICY GUAC OMELETTE 19.49

3 Eggs, Onions, Peppers, Jalapeños, Guacamole, House Blend Cheese & Toast.

Substitute Egg Whites +1.99

CREATE YOUR OWN ... 13.99 • 3 Eggs & Toast

Includes 2 Toppings + \$2 per Extra Topping; Bacon, Sausage, Ham, Peppers, Onions, Tomatoes, Mushroom, Jalapeños, Black Olives, Feta Cheese, House Blend Cheese.

TWO HANDS

Served with Home Fries, Hash Brown Patties or Shredded Potatoes & Coffee*.

BREAKFAST BURGER 18.99

6oz Local Beef, 1 Egg, Bacon, Hash Brown Patty, Cheddar Cheese & Brioche Bun.

TOASTED BELT 16.99

2 Egg, Bacon, Lettuce, Tomato, Cheddar Cheese & Toast.

BLT SANDWICH 14.49

Bacon, Lettuce, Tomato, Mayo & Toast.

TOASTED WESTERN 16.49

2 Eggs, Ham, Onions & Toast.

MORNING WRAP 18.99

3 Eggs, Sausage, Onions, Shredded Potatoes, Chipotle Mayo, House Blend Cheese & Flour Tortilla.

UPPER DECK WRAP 18.99

3 Eggs, Bacon, Sausage, Ham, House Blend Cheese & Flour Tortilla.

AVOCADO TOAST 17.99

2 Eggs, Guacamole, Lettuce, Onions, Tomatoes, & Toast.

BREAKFAST BURRITO 18.99

3 Eggs, Seasoned Ground Beef, Onions, Peppers, House Blend Cheese, Salsa & Flour Tortilla.

BREAKFAST TACOS 17.99

3 Scrambled Eggs, Sausage, Onions, Peppers, House Blend Cheese, Salsa & 3 Flour Tortillas.

GOLDEN STACKS

PANCAKES 14.99

2 Buttermilk Pancakes, 3 Bacon, Sausage or Ham & Maple Syrup.

+ Blueberries or Chocolate Chips 2.99

FRENCH TOAST 16.99

3 Slices of White Bread, Eggs, Cinnamon, Icing sugar, 3 Bacon, Sausage or Ham & Maple Syrup.

** 1 free coffee included, unlimited refills for \$1.99.*

ON THE SIDE

1 EGG ANY STYLE 2.49

BACON, SAUSAGE OR HAM (3) ... 5.99

3 SLICES OF PEAMEAL BACON 8.49

1 BUTTERMILK PANCAKE 6.49

CINNAMON FRENCH TOAST (2) .. 7.49

TOAST/ENGLISH MUFFIN 3.49

HASH BROWN PATTIES, SHREDDED

POTATOES OR HOME FRIES 6.49

TOMATO SLICES 1.99

SHARE

CHEESY GARLIC BREAD 10.99

Hoagie Roll, Garlic Butter & Broiled House Blend Cheese.

+ **Bacon Bits 2.49**

VEGETABLE SPRING ROLLS 12.99

6 Spring Rolls & Sweet Chili Sauce.

ANTOJITOS 13.99

Crispy Rolled Flour Tortilla, Creamy Jalapeño Cheese Blend, Red Onion & Green Peppers & Sour Cream.

+ **Bacon 2.99**

POUTINE 13.99

Fries, Curds & Gravy.

LOADED FRIES 14.99

House Cut Fries, Beef, Green Pepper, Onions, House Blend Cheese, Bacon Bits & Sour Cream.

BUFFALO CAULIFLOWER BITES 13.49

8 oz Crispy Battered Cauliflower, Buffalo Sauce & Ranch Sauce.

LOADED POTATO SKINS 14.99

5 Homemade Crispy Potato Skins, Cheese, Bacon, BBQ Sauce & Ranch Sauce.

CRISPY PICKLE SPEARS 12.99

6 Breaded Pickle Spears & Ranch Sauce.

BATTERED MUSHROOMS ... 13.99

8 oz Battered Mushrooms & Ranch Sauce.

SPINACH & ARTICHOKE DIP 15.99

Asiago Cheese, Artichoke & Spinach Dip, House Blend Cheese & House Made Chips.

MOZZA STICKS 14.49

6 Breaded Mozzarella Sticks & Marinara Sauce.

JALAPENO POPPERS 13.49

6 Cream Cheese Stuffed Breaded Jalapenos & Ranch Sauce.

HOUSE NACHOS 22.99 | ½ 15.99

House Made Chips, House Blend Cheese, Tomato, Green Pepper, Onion, Jalapeño, Salsa & Sour Cream.

+ **Guacamole 5.49**

+ **Beef or Chicken 6.99**

U.D. PLATTER 26.99

6 Chicken Wings, 4 Mozzarella Sticks, 4 Breaded Pickle Spears, 4 Jalapeño Poppers & Onion Rings.

MAINS

Served with House Cut Fries. Salad, Sweet Potato Fries, Onion Rings or Poutine for 3.99

COBB SALAD 19.99

Lettuce, Ham, Chicken, Hard Boiled Egg, Tomato, Onion, Bacon, Cheese & House Vinaigrette.

CHICKEN FINGERS & FRIES

3 PIECE 15.49 | 5 PIECE 18.99

Crispy Chicken Fingers, House Cut Fries & Plum Dipping Sauce.

+ **Tossed in Buffalo Sauce \$1.49**

PERCH & FRIES 19.99

3 Crispy Fried Perch Fillet, House Cut Fries, Tartar Sauce & Coleslaw.

PERCH TACOS 18.49

Crispy Perch Fillet, Flour Tortillas, Coleslaw, Tartar Sauce, Diced Tomato & House Cut Fries.

BEEF TACOS 16.49

3 Seasoned Ground Beef, Flour Tortillas, Lettuce, Pico De Gallo, Salsa, Sour Cream, House Blend Cheese & House Cut Fries.

CHICKEN TACOS 17.49

3 Seasoned Chicken, Flour Tortillas, Lettuce, Pico De Gallo, Crispy Tortilla Chips, Deck Secret Sauce & House Cut Fries.

CHICKEN QUESADILLA 17.49

Flour Tortilla, House Blend Cheese, Grilled Chicken, Peppers, Onions, Sour Cream & Salsa.

+ **Guacamole \$5.49**

BURGERS & SAMMY'S

Served with House Cut Fries. Salad, Sweet Potato Fries, Onion Rings or Poutine for 3.99

THE U.D. BURGER 14.99

Local Beef 6 oz Patty, Lettuce, Onion, Tomato, Pickles & Brioche Bun.

+ Bacon 2.99

+ Cheese 2.49

+ Extra Beef Patty 5.99

THE HOG-RIDER 19.49

Local Beef 6 oz Patty, Peameal, Cheddar Cheese, Onions, Lettuce, Tomato, Pickles & Brioche Bun.

THE FUN-GUY 18.99

Local Beef 6 oz Patty, Sauteed Mushrooms and Onions, Swiss Cheese, Lettuce, Tomato & Brioche Bun.

BIG POPPER 18.99

Jalapeño Cream Cheese Blend, Ancho Chipotle, Jalapeños, Cheddar Cheese, Bacon & Brioche Bun.

SOUTHWEST CHICKEN 18.99

Chicken Breast, Cheddar Cheese, Bacon, Ancho Chipotle, Red Onion, Lettuce & Tomato.

THE SOUTHERN SMOKE 19.49

Local Beef 6 oz Patty, Bacon, Onion Rings, BBQ Sauce, Cheddar Cheese, Pickles & Brioche Bun.

THE SPICY AVO-LANCHE 19.99

Local Beef 6 oz Patty, Guacamole, Jalapenos, Onions, Lettuce, Spicy Mayo, Cheddar Cheese, Bacon & Brioche Bun.

CLUB SAMMY 18.99

Triple Decker with Chicken, Ham, Bacon, Cheddar Cheese, Lettuce & Tomato.

PHILLY CHEESE STEAK 19.49

Shaved Beef, Sauteed Onions, Peppers, Mushrooms, Swiss Cheese, Steak Sauce & Hoagie Bun.

NASHVILLE CHICKEN 18.99

Crispy Chicken Tenders, Nashville Sauce, Mayo, Pickles, Coleslaw & Brioche Bun.

THE REUBEN 17.99

Corned Beef, Rye Bread, Thousand Island Dressing, Sauerkraut & Swiss Cheese.

BACKYARD BBQ MELT 17.49

Beef Patty, Bacon, Cheddar Cheese, BBQ Sauce & Rye.

CHICKEN WRAP 17.99

Grilled or Crispy Breaded Chicken, Lettuce, Tomato, Onion, House Blend Cheese, Ranch Dressing & Flour Tortilla.

+ Tossed in Buffalo Sauce 1.49

CHICKEN CAESAR WRAP ... 18.99

Grilled or Crispy Breaded Chicken, Romaine, Bacon, Parmesan, Caesar Dressing & Flour Tortilla.

CRISPY PERCH SANDWICH .17.99

Crispy Perch Fillet, Tartar Sauce, Coleslaw, Pickles, Onions & Brioche Bun.

SALADS

Half Sizes Available

HOUSE SALAD 12.99

Lettuce, Peppers, Tomato, Red Onion & Choice of Dressing.

CAESAR SALAD 13.99

Romaine, Caesar Dressing, Bacon Bits, Parmesan & Croutons.

GREEK SALAD 15.99

Romaine, Tomato, Olives, Red Onion, Feta & Vinaigrette.

CHICKEN TACO SALAD 16.99

Crisp Lettuce, Seasoned Chicken Breast, Shredded Cheese, Pico De Gallo, Secret Sauce & Crushed Nacho Chips.

BEEF TACO SALAD 15.99

Crisp Lettuce, Seasoned Taco Beef, Shredded Cheese, Pico De Gallo, Sour Cream & Crushed Nacho Chips.

SIDES

FRESH CUT FRIES ... 8.99

House Seasoning

+ Seasoning \$0.50

ONION RINGS ... 11.99

Creamy Ranch

SWEET POTATO FRIES ... 9.99

Chipotle Mayo

GRAVY 2.49

ST. THOMAS' AWARD WINNING NEIGHBOURHOOD BAR & GRILL

CHICKEN WINGS

10 PIECES 17.99 | 20 PIECES 31.99

Your choice of Plain - Breaded or Boneless

WET SAUCES

Mild • Medium • Hot
Extra Angry • Honey Garlic
Fire & Ice • Sweet Chili Thai
Kansas City Sweet Heat
Spicy Gar Par • Bee Sting
Gar Pa • Blue Heat
Honey BBQ

DRY SEASONINGS

Cajun • Chipotle Mango
Lemon Pepper • Salt &
Pepper • Dill Pickle
Maple Bacon • Nashville
Salt & Vinegar • Sriracha
Lime • Canadian Bacon
Cajun

WEEKLY SPECIALS

HAPPY HOUR

Monday - Saturday from 2pm - 5pm
\$5 20oz DOMESTIC PINTS

MONDAY

\$1 CHICKEN WINGS*

TUESDAY

\$9.99 BEEF TACOS*

\$10.99 CHICKEN TACOS*

\$12.99 PERCH TACOS*

WEDNESDAY

\$10.99 BURGER DAY*

THURSDAY

\$1 CHICKEN WINGS*

FRIDAY

\$15.99 3 PIECE PERCH & FRIES

SATURDAY

\$6 6oz WINE

SUNDAY

\$6 MINI CAESAR (1oz)

Taxes are extra, all specials are dine in only. Prices are subject to change.
*All food specials dine in only with the purchase of a beverage.

WWW.UPPERDECKBARANDGRILL.CA